



## Me at 1 Passport What I am doing at 1 years old

The Armadale Early Years Network has developed this great little Passport to assist parents in identifying the key milestones in childhood development.

The Me at 1 Passport outlines the skills that 1 year olds can achieve and encourages families to be aware of baby/toddler milestones. It also expresses the importance of early brain development and how children learn through connection and play with their carers.

Please note, all children grow and progress at differing rates so these milestones are a guideline only. If parents do have concerns their child is not achieving these milestones, please encourage them to reach out to their local Child Health Nurse.

For more information please contact the City of Armadale Community Development Team T: 9394 5651 E: [csadministration@armadale.wa.gov.au](mailto:csadministration@armadale.wa.gov.au)  
**[facebook.com/armadaleearlyyearsnetwork](https://facebook.com/armadaleearlyyearsnetwork)**

