



Hi neighbour!

If you are in self isolation, I am happy to help!

My name is and you can
contact me at

I can help you with:

- | | |
|--|--|
| <input type="checkbox"/> Picking up shopping | <input type="checkbox"/> Posting and collecting mail |
| <input type="checkbox"/> Urgent supplies | <input type="checkbox"/> Or just a phone call to check in on you |
| <input type="checkbox"/> Walking your dog | |



Please take care to observe social distancing rules and wear a mask if appropriate. Don't put your health and the health of others at risk.



armadale.wa.gov.au
(08) 9394 5000 | info@armadale.wa.gov.au



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